



## KANAWANA ARE YOU READY?!!

*Our 112th Summer of Magic*

With over **20 years of camping experience** as a camper & staff, you might wonder how, after so many years, does one continue to be excited? The answer is simple, but multifaceted.

The answer comes from being a father of two children and seeing first hand the incredible need to provide children with **positive role models** & a **sense of community**. These are two of Kanawana's many strengths.

The **excitement** stems from 112 summers of evolving programs – from the introduction of entirely **new programs** such as this year's Eco-Games, to the use of satellite technology to ensure **safety** on our canoe trips. It grows by building partnerships such as the Wildlife Gaining Ground initiative (in cooperation with the Earth Values Institute) where we will provide **opportunities to children and youth** to make Kanawana more hospitable to our animal & plant cousins.

The **inspiration** comes from knowing that we will spend a summer on a lake of rare beauty, swim in its waters, and walk its shores.

The **exhilaration** comes from finding new ways to expand the Kanawana community. This summer we are proud to be welcoming more children from the **Greater Montreal YMCA community**. This is an important step in making Kanawana an even **more diverse** community with children from all over the world and from all walks of life. During our changeovers, we will expand the circle even further to offer community organizations and families in need the chance to **experience the Kanawana magic**. And, in partnership with the municipality of Saint-Sauveur, we will welcome groups from the Services de Sports et Loisirs for overnight camping experiences.

The **passion** comes from learning from an incredible group of engaged young adults who make up our staff and who believe they can **make a difference**...and they do so every day they are at camp, creating lasting experiences for campers because they know the importance of camp.

The **gratitude** comes from working for an organisation like the YMCA which provides the **vision** for us at Kanawana to do what we do.

I am **energized** by the fact that I will spend a summer with children & youth who will sing together, play together, laugh & cry together, learn & grow together and **dream together**.

That is a vision worth getting excited about.  
I invite you to join in the **fun!**

Non Nobis Solum, (Not for Ourselves Alone)  
Sean – Summer Camp Director

### IN THIS ISSUE...

Page 1: Chief's Corner

Page 2: Camper Thoughts

TOP 10 – Getting Excited!

Page 3: Kanawana Development Plans

Page 4: TOP 10 – Questions For 2006

**NEW BUS STOP LOCATION**

Page 5: The Caddell Family Story

Page 6: Advance Guard is back

*Hello Camper!* on our website

Page 7: Alumni Reflections

Searching for Missing Alumni

YMCA Youth Festival 2006

Page 8: Register Today!!

Kanawana Calendar of Events

**Note:** Each page of this Newsletter also contains **NEW!** items for Summer 2006. Keep your eyes peeled!!





## ~CAMPER THOUGHTS~



Hi, I have been a camper at Camp YMCA Kanawana for 4 years. I have returned to this camp for so many years because it is a camp with a lot of spirit, fun, adventure and last but not least friendship. I remember my first year at camp; you don't know anybody so you get

kind of nervous as you head to camp but when you get there you discover a world where everyone welcomes you. Each year is a different experience. One of my favorite camp moments is when we have the campfire on the first day and the saddest moment is when we have to leave camp again. It feels sad to leave such a wonderful camp filled with so much happiness. I was not going to go camp this year because of family travel plans, but this winter I went to camp for the winter carnival and it made me remember how much fun I have at camp!

It was a very fun day filled of activities, cross country skiing, snowshoeing and tobogganing. So for all you newcomers to camp I say welcome and shall your camp experience be fun. See you there!

Camille Oien Bouskela (Pathfinder, age 13 - 2006)













Kanawana Winter Carnival 2006

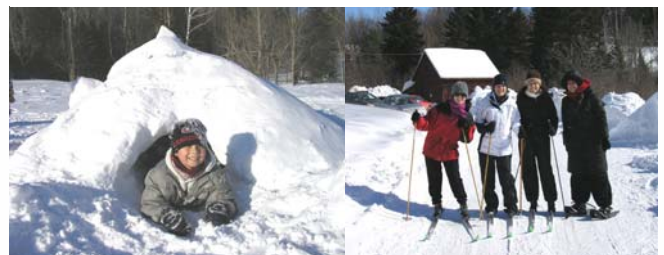
**NEW!** A new head chef and kitchen team will be hired for this summer, combined with equipment and layout improvements to the kitchen and dining area.

**NEW!** An artificial marsh treatment system will be installed and fully functional for summer 2006. It will treat all waste water from the summer camp. We will use this unique system to teach campers about ecological methods of treating waste water.

# Top 10

## Things to get excited about for Summer 2006

-  Walks with Amber and Emma to "the log"
-  Morning Dip and Kilometer swims
-  1<sup>st</sup> session Opening Campfire & the reading of the 2005 records & the Kanawana Legend
-  Canoe trips to Papineau-Labelle and LaVerendrye Park
-  General swim with a great buddy on a hot hot day...
-  Mud baths in Frogs Bog
-  Singing 'On my way to Kanawana' the last night of camp
-  Star gazing in the ball-field
-  Cooking marshmallows over a campfire
-  Being surrounded by friends



Kanawana Winter Carnival 2006





## **Building For The Future: The YMCA Kanawana Development Project - a \$4.4 million Investment Over 3 Years**

After much consultation and planning, the YMCA has embarked on an ambitious project to restore and improve YMCA Kanawana and share it with more children, youth and families from all walks of life. We also believe that we must act as stewards of the natural environment we have inherited, and, through this project, we will lead by example by becoming a model of environmental practices and sustainable development. (The project will proceed in 2 phases).



*"Through camping and outdoor education, YMCA Kanawana will provide children and youth with the opportunity to grow and develop into strong individuals who care about their community and the environment."*

*(Vision elaborated by the Kanawana Development Steering Committee - January 2005)*

### **Phase I – Revitalization, environmental retro-fitting and expansion to 3-season programming on summer camp site**

**Timeline:** Fall 2006-Summer 2007

The following investments will allow us to improve the quality of our accommodations and facilities for our summer camp, as well as welcome as many as 128 children and youth at a time through school and other groups during the shoulder seasons:

- ⚙ 14 new 3-season camper cabins grouped in clusters (see images above & below left)
- ⚙ 4 new 3-season staff accommodations with sink, shower & toilet facilities to accommodate teachers
- ⚙ 2 new 3-season program lodges for classes and activities (see image below right)
- ⚙ 2 new main washroom and shower facilities for 300 persons (handicapped-accessible)
- ⚙ An enlarged playing field in the centre of camp
- ⚙ A revitalized waterfront to open the site for more users

In addition, the site itself will promote and teach environmental awareness through the way in which it is designed, built and operated. The following improvements will dramatically reduce the ecological footprint of the camp and help create this learning environment:

- 🏠 Solar and waste water heat recovery systems
- 🏠 Gravity drainage of all water to minimize pumping and reduce energy use
- 🏠 Water conservation features (**50% reduction compared to current water use!**)
- 🏠 Satellite sanitary facilities with composting toilets
- 🏠 Green landscaping solutions to control erosion
- 🏠 Adoption of green operational practices such as water reduction, recycling, energy conservation and composting



**\*\*Watch for details about the YMCA Kanawana Development Campaign & Phase II in the next issue of the Heron!!**

# Top 10

Burning Questions to be answered during

Summer 2006

- ⊗ Did Junior Boy counselor Joe really cut his hair?
- ⊗ How many frogs will the Junior Boys catch (and throw back)?
- ⊗ Who will win the 59<sup>th</sup> Annual Lumbermen & Voyageurs games?
- ⊗ What is an artificial marsh, and why is it SOOOO exciting that we have one at Kanawana?
- ⊗ What will the 4 themes for all-camps be?
- ⊗ How many marshmallows can Sean get into his mouth at one time?
- ⊗ What is 'Eco-Games'?
- ⊗ How many new & exciting things are there for summer 2006?
- ⊗ Which section will be the loudest at CHEEEEEERS?!
- ⊗ What makes Kanawana such a magical place?

**NEW!** We are increasing the number of canoe & kayaks so that more children can participate in boating activities.



**NEW!** The archery field will be moved closer to the center of camp to allow more time spent target shooting instead of walking to & from the site.



**Michaëlle Jean**  
(Canada's Governor General)  
receives a  
**Kanawana 2005 T-shirt!!**



## STOP RIGHT THERE!

We are pleased to announce a **NEW, more CENTRAL bus drop-off/pick-up location** in the Town of Mount-Royal



Starting the summer of 2006, **ALL** camper transport will leave from, and return to, École secondaire Pierre-Laporte located at 1101 Rockland.

Follow this link for a map:

<http://www2.csmb.qc.ca/pierre-laporte/adresse.html>

More details in your confirmation kits . . .




## THREE GENERATIONS OF KANAWANIANS: Andrew Caddell Tells Their Story

In my family there have been some notable dates: July 1928, August 1963, July 1983 and June 2005 are among them. They represent the first time a member of my family set foot at Kanawana, each of us in quite different circumstances.



**K**  
**a**  
**n**  
**a**  
**w**  
**a**  
**n**  
**a**  
**1920's**

My father, Philip "Pip" Caddell, was a recent immigrant from Scotland when he took the train to St. Sauveur in the summer of 1928. Although born in Brantford, Ontario, he had spent the key years of his childhood in Edinburgh, and was for all intents and purposes, a shy Scots lad from a broken home. That is, until he came to Kanawana.

He learned how to swim, paddle a canoe, explore the Canadian wilderness – as Saint Sauveur was in those days – and develop the people skills that held him in good stead in the military and civilian life. He always said that Kanawana "helped him to become a Canadian." 

When I was old enough, there was no question that I was to



go to Kanawana, and I too, enjoyed three memorable summers there. Capture the flag, overnights at Bessies and Wilson,

the Suez Canal, bug juice, cheers, a "C" canoeing certificate, L&V – all are still a part of my vocabulary.

When my son James turned ten in 1983, there was a major debate between his mother, now remarried, and me as to whether this was the right course for him. Was he too young? Would he enjoy it? With my father's encouragement, he went, although he was told he did not have to return the next year if he did not enjoy it. When I picked him up two weeks later at John Rennie, he was now a Kanawanian. And he returned for two more summers, even though by that time he had moved with his mother to upstate New York.

In 1986, I opted to take James on a "once in a lifetime" trip across Canada by train to Expo 86 in Vancouver, stopping along the way to hike, climb and see the Canada he had only imagined in his American home. The next year, the discussion turned to whether he was "too old" for Kamp; I told him he could choose not to go if he felt his time had passed.

This time, at John Rennie, I picked up a disheveled, unshaven 14 year old with a dirty red bandana on his head. He proclaimed, "Next year, I am doing Voyageurs, then the next year CIT, then JC and then counsellor, and then one day – Camp Director!" I tried to temper his enthusiasm, and suggest he should consider one step at a time. But that was not James's way. And sure enough, he did exactly what he had intended.



Except, instead of becoming director, he joined the Canadian military in 1991 and went to Bosnia as a UN peacekeeper in 1995, applying many of the skills he learned at Kamp. (continued on page 6)

Photos © Michaela  
 October 04-10087



## THREE GENERATIONS (cont'd from page 5)

One of my proudest moments came in 1994, when as part of the Kanawana centennial, our three generations of Kanawadians were interviewed for the CBC Radio morning show. My dad, James and I talked in our turn about our experiences. It was clear that Kamp had hardly changed.

When I began a new family in the 1990s, James immediately asked when they would be going to Kamp. And each summer, the questions would begin again. My father too wanted to know. Just before he died in 2004 at age 91, he talked about wanting to see the Kamp when we were driving back from Montreal to Ottawa. I promised I would take him there that summer. He died suddenly a few weeks later.

Although now far from Kamp, James kept its legacy close: his first trip with his fiancée, Tara was to canoe for a week in Algonquin Park. And in 2004, it was that spirit of adventure that led them to embark on a trip around the world. When the tsunami hit in Asia, it was no surprise to hear that James and Tara were working in an orphanage in the affected area, painting, setting up a playground and a library, surrounded by hundreds of loving schoolchildren.

When Emily and Jack were signed up for Kamp, James, thrilled, continually e-mailed them from India, the Middle East, and Europe to keep their morale up beforehand. When they came back with the same joy he had shown at their age, he was ecstatic, and shared his memories with his siblings.

Then, in October, we received the tragic news that James had died of altitude sickness in the mountains of Bolivia. It was a blow that affected so many people who loved him, but especially his fellow Kanawadians, who had remained close through CEGEP and university. They remembered the cheerful counsellor, loyal friend and solid character who had been such a part of their lives.

In so many ways, Kamp had helped to shape James into the man he became: outdoorsman, soldier, peacekeeper, adventurer, humanitarian. Like my dad's arrival at Kanawana almost eighty years ago, James's time at Kanawana had been one of the defining moments in his life. And he lived his life according to the Kamp motto, "Non Nobis Solem" or, as he liked to say whenever he left us, "Deeds, not words."

-ANDREW CADDELL (Camper 1963-65)

YMCA KANAWANA  
1435 DRUMMOND, 4<sup>th</sup> FLOOR  
MONTREAL, QUEBEC  
H3G 1W3

TELEPHONE: (514) 849-5331 ext. 224  
FAX: (514) 849-5863  
WEBSITE: [www.ymckanawana.com](http://www.ymckanawana.com)  
E-MAIL: [kamp.kanawana@ymcamontreal.qc.ca](mailto:kamp.kanawana@ymcamontreal.qc.ca)

**NEW!** The maintenance shop will be moved out of the centre of camp to reduce vehicle and pedestrian traffic and increase efficiencies.



**It's back!!**  
Gear up for an amazing work day at Kanawana  
**Saturday May 13<sup>th</sup>, 2006!**

Help us get Kanawana ready for the hundreds of kids who will make their way to camp throughout summer 2006.

Help out by painting cabins, cutting branches, moving canoes, & more... have a chance to enjoy Kanawana in spring!!

**Lunch, dinner, snacks & tools are included.**  
Get ready to get dirty & have fun!! (Adults only)  
Hope to see you there!

RSVP to Wendy Khan @ (514) 718-8266 or  
[kanawana.alumni@ymcamontreal.qc.ca](mailto:kanawana.alumni@ymcamontreal.qc.ca)

**New!** High speed internet will be installed at camp to increase office efficiency and help facilitate *Hello Camper!* updates.

**YES! Hello Camper is BACK!!**

For more details follow the link from this icon featured on our homepage at  
[www.ymckanawana.com](http://www.ymckanawana.com)





## YOUR TRIBUTE TO KANAWANA

I have tremendously fond memories of my time at Kanawana. They're quite vivid even though I was quite young at the time. After over 30 years, I even have most of the crafts we made there. My child's paddle painted and customised by me as a young boy is still a prized possession and will be passed on to my son soon!

**David Ballantyne (camper 1975-77)**

My years at Kamp Kanawana, as a camper, CIT and staff member, were some of the most memorable I have experienced. Kamp life, especially on the canoe trips, taught me to forever hold nature in a special place in my heart. I caught Stuart McLean's Vinyl Cafe on my car radio and soon realized he was at Kamp Kanawana. The next thing I knew, I was attracting odd looks from other drivers as I joined in yelling the Kamp cheer. What a hoot! It's great to hear that the spirit is still alive and strong there.

**Kate Schissler (camper, CIT, staff: 1972-77)**

## SEARCHING FOR...

Carol (Marley) Turner, Pam Greevy & Nancy Freedin (Staff of 1971) are all searching for **KATHY SIMPSON.**

Gary Kinsley is searching for **BOB ORE a.k.a "Short Stuff"**. Gary remembers: "He loaned me a blanket when I was cold. A very nice guy who I'd like to see again."

If you have any information on these, or any other alumni **OR** if you're searching for a Kanawana alumnus, please contact us:  
(514) 718-8266 or  
[kanawana.alumni@ymcamontreal.qc.ca](mailto:kanawana.alumni@ymcamontreal.qc.ca)



**New! New signage** will be installed at the front of camp featuring the new camp logo.

## Youth Festival 2006

Youth unite the world

The Youth Festival is a unique event that brings together youth from all the youth zones across the YMCA of Greater Montreal on the stage of the Corona Theatre. This is a quality variety show organized and led by youth.

Come and meet Montreal's artists and young leaders on **May 6, 2006, at 6:30 p.m. at the Corona Theatre, 2490 Notre-Dame Street West, Mtl.**  
\$5 per ticket.

Tickets on sale at YMCA Youth Zones or at [festival.jeunesse@ymcamontreal.qc.ca](mailto:festival.jeunesse@ymcamontreal.qc.ca).

\*\*Sold but unused tickets will be handed out to youth at the YMCA Covered Garden Program.





**REGISTER FOR**

# **Eco-Games**★

**TODAY!!!**

★ Reduced price for campers registered in another 2006 summer session

Check out our website for details

[www.ymcaKanawana.com](http://www.ymcaKanawana.com)



## **MARK YOUR CALENDARS!!!**

For more details please visit our website @ [www.ymcaKanawana.com](http://www.ymcaKanawana.com)

- MAY** CONFIRMATION KITS for registered campers – check your e-mails or mailboxes for helpful details about the upcoming summer.
- MAY 6** YMCA YOUTH FESTIVAL
- MAY 10** DEVELOPMENT PLAN PRESENTATION (Downtown YMCA)
- MAY 13** ADVANCE GUARD (see page 6 for details)
- JUNE 2** ALUMNI & FRIENDS SPRING REUNION IN MONTREAL
- JUNE 3** KANAWANA OPEN HOUSE – tell your friends to come check us out or show your family & siblings around camp.
- JUNE 26** SUMMER 2006 PROGRAMS BEGIN!!!
- SEPT 9** SAM LAZARUS JAMBOREE
- SEPT 15-17** ALUMNI & FRIENDS REUNION and GROUND-BREAKING @ YMCA KANAWANA

