



**Sample programming schedule  
Outdoor education**

**First day**

	1	2	3	4	5	6	7	8	9
3:00 p.m.	<b>Arrival</b> <b>Overview and rules of the stay</b> <b>Forming of groups – First opportunity to prepare for cabaret</b>								
3:45 p.m.	<b>Getting settled into cabins and emergency procedures</b>								
4:30 p.m.	<b>Swimming</b>								
5:30 p.m.	<b>Supper</b>								
6:30 p.m.	<b>Green rally</b>								
8:00 p.m.	<b>Campfire</b>								
9:00 p.m.	<b>End of programming</b>								

**Second day**

	1	2	3	4	5	6	7	8	9
8:00 a.m.	<b>Breakfast</b>								
9:00 a.m.	Hiking	Rock climbing	Canoe or Kayak	Archery	The mystery of trees		Water games	Ropes course	Rabaska
10:30 a.m.		Hiking	Rock climbing	Canoe or Kayak	Archery	Soapstone	Ropes		Hiking
12:00 p.m.	<b>Outdoor lunch</b>		<b>Lunch</b>						<b>Lunch</b>
1:00 p.m.	Hiking	Hiking	Ropes course	Soapstone	Escalade	Animal tracking	course	Canoe or Kayak	Hiking
2:30 p.m.	Soapstone			Escalade	Water games	Archery			
4:00 p.m.	<b>Swim or rest period</b>								
5:30 p.m.	<b>Supper</b>								
6:30 p.m.	<b>Kermesse</b>								
8:00 p.m.	<b>Campfire</b>								
9:00 p.m.	<b>End of programming</b>								

**Third day**

	1	2	3	4	5	6	7	8	9
8:00 a.m.	<b>Breakfast</b>								
9:00 a.m.	Rope course	Soapstone	Hiking		Canoe or Kayak	Escalade	Rabaska	Archery	Canoe or Kayak
10:30 a.m.		Rabaska			Hiking				Ropes
12:00 p.m.	<b>Lunch</b>		<b>Outdoor lunch</b>			<b>Lunch</b>			
1:00 p.m.	Rabaska	Ropes course	Hiking		Hiking	Course	Rock climbing	Soapstone	Archery
2:30 p.m.	Rick climbing					Soapstone	Animal tracking	Canoe or Kayak	Archery
4:00 p.m.	<b>Swim or rest period</b>								
5:30 p.m.	<b>Supper</b>								
7:00 p.m.	<b>Food pyramid</b>								
8:15 p.m.	<b>Campfire and traditional legends</b>								
9:00 p.m.	<b>End of programming</b>								

### Fourth day

	1	2	3	4	5	6	7	8	9
8:00 a.m.	<b>Breakfast</b>								
9:00 a.m.	Canoe or Kayak	Water games	Rabaska	Ropes course	Soapstone	Hiking		Water games	Rock climbing
10:30 a.m.	Water games	Canoe or Kayak	Archery		Rabaska			Hiking	Ropes
12:00 p.m.	<b>Lunch</b>				<b>Outdoor lunch</b>				
1:00 p.m.	Archery	The mystery of trees		Rabaska	Ropes course	Hiking		Hiking	Course
2:30 p.m.	The mystery of trees	Archery	Water games	The mystery of trees		Rabaska	Canoe or Kayak		Soapstone
4:00 p.m.	<b>Packing luggage for departure and preparing for cabaret</b>								
5:30 p.m.	<b>Supper</b>								
6:30 p.m.	<b>Cabaret</b>								
8:00 p.m.	<b>Dance and short Campfire</b>								
9:00 p.m.	<b>End of programming</b>								

### Fifth day

<b>Friday, June 12</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>8:00 a.m.</b>	<b>Breakfast</b>								
<b>10:00 a.m.</b>	Luggage and Departure								